

**Mental Health Services Act
 Steering Committee Meeting
 MINUTES**

Monday, April 22, 2019
 9:30 am to 11:30 am

1450 Neotomas Ave, Suite 200, Santa Rosa Room



WELLNESS • RECOVERY • RESILIENCE

MHSA Steering Committee Members:

<input checked="" type="checkbox"/> Buchignani, Mechelle	<input checked="" type="checkbox"/> Ladrech, Melissa	<input checked="" type="checkbox"/> Salas, Andy
<input type="checkbox"/> Calhoun, Gene	<input type="checkbox"/> Lee, Maurice	<input type="checkbox"/> Schweigman, Kurt
<input checked="" type="checkbox"/> Carter, Bill	<input checked="" type="checkbox"/> Mackey, John	<input checked="" type="checkbox"/> Silver, Karen
<input checked="" type="checkbox"/> Corbin, Mandy	<input checked="" type="checkbox"/> Mason, Debbie	<input checked="" type="checkbox"/> Smith, Kathy
<input checked="" type="checkbox"/> Davila, Christy	<input checked="" type="checkbox"/> Murphy, Allison	<input checked="" type="checkbox"/> Standen, Susan
<input checked="" type="checkbox"/> Darrow, Rhonda (recorder)	<input checked="" type="checkbox"/> Olivares, Ernesto	<input checked="" type="checkbox"/> Struckmann, Angela
<input checked="" type="checkbox"/> Dillon-Shore, Angie	<input checked="" type="checkbox"/> Perry, Matt	<input checked="" type="checkbox"/> Tillman, Teresa
<input type="checkbox"/> Jimenez, Ozzy	<input checked="" type="checkbox"/> Ravitch, Jill	<input type="checkbox"/> Torres, Jacquelyn
<input checked="" type="checkbox"/> Kawahara, Julie	<input checked="" type="checkbox"/> Reiff, Ellisa	<input checked="" type="checkbox"/> Tunstall-Lanatti, Kathie
<input checked="" type="checkbox"/> Klohe, Erica	<input checked="" type="checkbox"/> Robbins, Bruce	<input checked="" type="checkbox"/> Tuttelman, Sam

	Agenda Item	Details	Decisions, Items for follow-up
I.	Welcome, Introductions and Operating Agreements	<p><i>Handouts:</i></p> <ul style="list-style-type: none"> A. Mental Health Services Act (MHSA) Steering Committee Meeting Agenda, April 22, 2019 B. Mental Health Services Act (MHSA) Steering Committee Meeting Minutes, March 25, 2019 C. MHSA Steering Committee April 22, 2019 PowerPoint Presentation Slides D. 2019 Calendar and Important Dates for Sonoma County Behavioral Health Division/Mental Health Services Act Steering Committee E. Innovation Tool Kit F. Sonoma County Behavioral Health Division MHSA Steering Committee Innovation Subcommittee Roles and Responsibilities <p>Last year's plan update is posted to County of Sonoma internet website: https://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/</p>	

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		<p>Welcome/Introductions Bill Carter welcomed everyone and asked for attendees' re-introductions, as some were first-time attendees.</p> <p>Updated Calendar Please note change of the Public Hearing with Mental Health Board and stakeholders has been changed to Wednesday, August 21, 2019.</p>	
II.	<p>Innovation (INN) Project Overview</p>	<p>Innovation (INN) Overview (Melissa Ladrech) (PowerPoint Slides) Novel, creative and/or ingenious mental health practices/approaches that are expected contribute to learning, which are developed within communities through a process that is inclusive and representative, especially of unserved and underserved individuals.</p> <p>MHSA INN Regulations require Innovative Projects to either:</p> <ul style="list-style-type: none"> • Introduce a new practice or approach; • Make a change to an existing practice and application to a different population; • Apply a promising community-driven practice or approach that has been successful in a non-mental health context; and • Support participation in a housing program designed to stabilize a person's living situation while also providing supportive services on-site. <p>Primary Purpose of the INN Project:</p> <ul style="list-style-type: none"> • Access to underserved groups • The quality of mental health services • Promote interagency and community collaboration • Access to mental health services, including, but not limited to, services provided through permanent supportive housing <p>INN Tool Kit (see MHSOAC handout)</p> <ul style="list-style-type: none"> • INN Framework Decision Tree • MHSOAC INN Review Process • INN Project Plan Recommended Template • Commission Meeting Recommendations <p>Previous INN Projects</p> <ul style="list-style-type: none"> • There can be more than one project 	<p>Melissa will keep Sonoma's MHSOAC contact, Vicque Kimmel, informed about our process and invite her to attend meetings to provide feedback.</p>

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		<ul style="list-style-type: none"> • Julie shared past project was reducing disparities—there were 4 non-profit agencies: <ul style="list-style-type: none"> --Sonoma County Indian Health Program --Baptist Community Church --Positive Images --Latino Provider Services • Mobile Support Team was an INN project and is now successful and ongoing program being funded by MHSA monies. <p>INN Subcommittee Sign-in sheet passed around for those who would like to be on the subcommittee, which will meet monthly, and the first meeting is May 14, 2019. The subcommittee will pass information to the larger committee and there will be a broader reach to stakeholder and interested community members through the community planning process.</p> <p>Will be responsible for the following:</p> <ol style="list-style-type: none"> 1) Determining a community engagement process for the next INN Project(s); 2) Assuring the defined parameters and principles of INN are adhered to in the process; 3) Articulating the specific issue(s) to be addressed by the proposed INN Project; and 4) Support the selection of the INN Project(s) that address the stated needs and/or gaps. <p>Proposed Schedule and Interaction with Steering Committee:</p> <ul style="list-style-type: none"> • May 14 – INN Subcommittee • June 11 (tentative) – INN Subcommittee • July 9 – INN Subcommittee • August 13 – INN Subcommittee • August 26 – MHSA Steering Committee • September or October (TBD) – INN Subcommittee <p>Bill Carter shared his experience of this process in Napa County which was very inclusive of community groups and had a few INN Projects:</p> <ul style="list-style-type: none"> • ACEs group with paraprofessionals in the community • Employment project to help consumers 	<p>Interested members: Debbie Mason, Kathy Smith, Sam Tuttelman, Susan Standen, Erika Klohe, Kathie Tunstall, Christy Davila, Teresa Tillman, and Ernesto Olivares Melissa and Julie will follow up with this group.</p> <p>Question: Can the use of MHSA monies be used to</p>

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		<ul style="list-style-type: none"> • Working with Filipino population in school district with higher risk of suicidal ideation and self-harm • Suscol Tribal Council will provide training and information re: the impact of distant and near history on the local Native American population, and traditional approaches to managing the related impacts. <p>MHSOAC Incubator Projects</p> <ul style="list-style-type: none"> • Multi-county opportunities for collaborative INN projects • March 20, 2019 – MHSOAC Memo <ul style="list-style-type: none"> --Statewide Early Psychosis Learning Collaborative --Allcove: One Stop Shop for Integrated Youth Mental Health Support --Incompetent to Stand Trial Population – Criminal Justice --Full Service Partnership (FSP) INN Project --Youth INN Project --Schools and Mental Health <p>The multi-county opportunities are pre-approved. There is stipend for consultants to write proposals and grants.</p>	<p>leverage more monies? Answer: Yes.</p>
III.	BH Budget Update	<p>FY 2019-20 Preliminary Budget (See PowerPoint Slides)</p> <p>Bill Carter discussed proposed budget which was presented to the Board of Supervisors, Behavioral Health staff and the Mental Health Board.</p> <ul style="list-style-type: none"> • County of Sonoma has \$34 million shortfall and has \$8 million in “add back funds” to mitigate shortfall (low collection of property taxes; waiting to hear from governor to possibly aid in property tax shortfall after disaster; equity increase in workforce salaries; losses since 2008-2009 from downward economy, then fire and flood disasters) • Behavioral Health is short about \$8 million • BH Realignment funds are not adequate to cover MH services beyond institutional care, crisis & program support. • DHS proposed reduction impacts: <ul style="list-style-type: none"> --Eliminate board and care supplemental payments (SCBH has about 250 clients in board and care facilities – about \$4 million cut) --Reduce peer and family contracts --Reduce Crisis Stabilization Unit from 16 beds to 12 beds --Reduction of adult services team and outpatient contracts --Eliminate Crisis, Assessment, Education and Training services (CAPE) --Reduce Workforce Education and Training Program • Planning a 16-bed Psychiatric Health Facility which will be eligible to collect Medi-Cal but not available for another 2 years 	

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		<ul style="list-style-type: none"> Public Sonoma County Budget hearings will be held 6/11-6/21/19. 	
IV.	Innovation (INN) Development for Discovery	<p>Interactive / Brainstorm INN Ideas</p> <p>Julie asked the Steering Committee members to consider the gaps that may result in the system, based upon Bill's budget presentation. In addition, the group, with its diverse perspectives and experiences, can share what they believe are to be the needs/issues regarding mental health access and services for the community.</p> <p>The group brainstormed needs/issues as follows:</p> <ul style="list-style-type: none"> Revisit upstream models re: family attachments/Balance treatment and prevention FSP incubator Peer teams co-located @ emergency rooms (national models?) MST type team that can respond countywide in all places (homes, clinics, schools, emergency rooms) with brief clinical intervention/Decrease in-patient care, increase access to intervention services Pre-school based interventions with early education, teacher training Capacity building in early education, law enforcement, other professions MH videos, e.g. Directing Change. Gear toward younger kids in 43 school districts, needs consistency. Law changed requiring schools to provide training on suicide prevention. Comprehensive maternal mental health, integrated to community. MH across populations, economics, geography, age (cradle to grave) Coordinate with those working with families System navigation: education to public, peers know system Integrate 211 system – publicize Public safety professional training/trauma informed ACES, population management Food insecurity and Isolation – loneliness due to stepdown from being institutionalized. Community housing without support. Need visitation, peer support, life skills, financial education. Food for Thought model w/ peer providers Family-based prevention/intervention model with long-view that engages the community to activate solutions that are not reliant on government resources, no band-aids, reach pockets in county. Collaboration with criminal justice, schools, churches, multi-disciplinary institutions, neighborhoods. 	

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		<p>Proposed data</p> <ul style="list-style-type: none"> • 2008 Upstream Investment Report • Emergency room data • NAMI warm-line data • Buckelew Suicide Prevention Hotline data • CA Hope Data • Mother’s Care data on self-harm/suicide • Portrait of Sonoma • Educational districts, SCOE data • Rapid Health data (post-fires) • Heckman – early intervention, ACES prevention (Angie) • Data from 211 (United Way) • Law enforcement data • County Housing report 	
V.	Calendar	<p>A. Review Calendar: Important dates The next MHSA Steering Committee meeting on June 3 will have discussions on the 3-Year Planning Process, Capacity Assessment, and forming subcommittee to work on the Capacity Assessment.</p> <p>Beginning August 26, the meetings will go to 2-hour quarterly meetings ongoing. --The November meeting has been changed to December 2, 2019</p>	May is Mental Health Month Matters—please send events to Melissa to add to the calendar.
IV.	Closing and Next Steps	<p>A. Summary of action items, parking lot items Julie’s recap:</p> <ul style="list-style-type: none"> • Innovation Subcommittee – nine (9) interested attendees signed up • Change of Plan Update Public Hearing to August 21st • Please review MHSA Steering Committee dates and add to your professional calendars <p>B. Plus/Delta Plus+:</p> <ul style="list-style-type: none"> • Information shared on PowerPoint slides • Handouts • Budget information and transparency 	Minutes will be sent to members within 2 weeks and posted on the MHSA website: https://sonomacounty.ca.gov/Health/Behavioral-Health/Mental-Health-Services-Act/

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		<ul style="list-style-type: none"> • Great members' contact list • Step down <p>Delta Δ</p> <ul style="list-style-type: none"> • Step up • Budget information--was a downer • Budget information—need to understand better <p>C. Next Meeting June 3, 2019, 9:30 – 11:30 AM, 1450 Neotomas Ave., Suite 200, Santa Rosa Room</p>	