

**MENTAL HEALTH BOARD  
Executive Committee Meeting  
AGENDA**

**Wednesday, November 1, 2023**

**10:30 to Noon – Sonoma County DHS Office;  
Santa Rosa Conference Room  
1450 Neotomas Avenue, Santa Rosa, CA 95401**

Members of the public can watch or listen to the meeting using one of the two following methods:

1. Join the Zoom meeting application on your computer, tablet, or smartphone,

Please click the link below to join the webinar:

<https://sonomacounty.zoom.us/j/91510820980?pwd=bmVZNXdiWHBTY2EzR1Y5NXJuR2dUUT09>

Passcode: 836039

2. Call-in and listen to the meeting:

Dial **1-669-444-9171**

Webinar ID: **915 1082 0980**

Passcode: **836039**

Email Public Comment Prior to the Meeting:

You may email public comment to [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org) no later than five days prior to the meeting. All emailed public comments will be forwarded to all Board Members. During the meeting, if you have joined as a member of the public in the Zoom app or by calling in, there will be specific points throughout the meeting assigned to public comment.

REASONABLE ACCOMMODATION:

If you have a disability, which requires an accommodation or an alternative format to assist you in observing and commenting on this meeting, please contact the Clerk of the Mental Health Board at (707) 565-3476 or by email [DHS-MHB@sonoma-county.org](mailto:DHS-MHB@sonoma-county.org) by 12:00 noon the Friday before the meeting to ensure arrangements for accommodation.

## Mental Health Board Executive Committee Minutes

1. The first 40 minutes was spent discussing the Data Notebook, scheduling for input, review of process, etc.

Jan Cobaleda-Kegler discussed many of the current projects that are causing the Equity team to be backlogged with deadlines – hence the need to push back the planning of the Data Notebook, which doesn't have as tight of a deadline. It is 11/30/23.

The planning meeting date and time was selected as Monday, 11/20/23 from 11:00am-1:00pm.

2. MHB Treasurer's Report – FY 23-24: \$4155.00

3. Recruitment and retention of MHB members:

(1) Vacancy in District 1 (Gorin)

(1) Vacancy in in District 2 (Rabbitt)

(1) Vacancy in District 3 (Corsey)

(1) Vacancy in District 4 (Gore)

(1) Vacancy in District 5 (Hopkins)

Clerk mentioned that she is still waiting for recruitment email correction letter to come from Michael Reynolds.

Reminder that all board members can get reimbursed for mileage when driving outside of the district.

Peterson advised that he and Brad Katuna had a long conversation, and ultimately, Brad withdrew his application to fill District 5. He had expressed concerns of not feeling that the MHB has much influence on the BOS, and also, was discouraged about the problems we are having in getting existing members to attend our meetings. Kathy Smith spoke about the "influence" topic and stated that as long as she's been on the board, that question has come up. She feels that 20 years ago it was just the mental health advising on the surface as to what they are doing, but it has really changed and she feels we do have influence. She is happy to speak to anyone to answer questions or give examples. She mentioned pre-pandemic, attendance was large and there was a lot of county presence. This has not been the case since we came back post-pandemic. Specifically, the Section Managers would attend (Sid McColley was a regular) and if anyone had questions, they could pull them aside and answer them directly. Jan feels we are all rebuilding since the pandemic. She also stated that the BOS needs to hear from us. Michael Reynolds expressed that one could go to the BOS every month to report on what we met about. Bob Cobb stated that we have such limited regular attendees that are stretched as it is to which Peterson agreed. We are hoping to work on BOS communication once we finish our "rebuild" and have more members who can take this on. Jan mentioned that the Section Managers are stretched too far to be able to attend at this time. It was decided that we first focus on building up our membership, then we can focus on community involvement. Peterson stated that we will work on having the BOS advise applicants more about that we do. As discussed in the past, a seasoned board member can serve as the mentor.

Michael Johnson voiced his disagreement with our board's not having influence, and also expressed his apologies for not being as consistent with his own attendance, and his intention is to be more on point, and attend in person.

4. Notification of new MHB ByLaws to members (list of what was voted on, effective date, etc.) – (question on how to?) It was discussed that the board clerk can revise the ByLaws. The website ByLaws can wait (need to clarify "why"). Clerk will send out new ByLaws to the Board Members.

4. Special Topic Presentation November:
    1. COTS Update by Robin Phoenix via Zoom
    2. Jan Cobaleda-Kegler & Melissa Ladrech with Panel (members TBA); Topic: **SB 326**
  5. Other Reports
  6. Discuss who to award MHB acknowledgment to for November MHB meeting (Jan recommended the head of nursing)
  7. MHB Chair's Report
  8. Site Visit Committee – No recent calendar
  9. Future topics to add to agenda
  10. Public Comment
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**Next MHB Meeting Agenda 11/21/2023 – The Hub Meeting room at the Wellness Center**

- Consumer Affairs Report - Consumer news, issues, concerns
- Approval of Minutes for September & October Board Meetings
- SRJC PEER Coalition Report
- Behavioral Health Director's Report/BH Fiscal Update/Mental Health System Transformation
- Mental Health Board Appreciation Award for November
- Special Presentations (see item #4 above)
- Public Comment/Wrap-Up
- Adjournment