



# SONOMA COUNTY AGING & DISABILITY COMMISSION

## Commission Meeting



Location: Carnelian Conference Room,  
3725 Westwind Blvd. Santa Rosa 95403

Date: Wednesday, May 21, 2025

Time: 2:30 PM – 4:30 PM **\*Updated Time**

Public Zoom Link: <https://zoom.us/j/97845062226?pwd=2LdD46H2bzPmbir6F7FFerP9E563Aj.1>

### Agenda

- 2:30 1. Welcome and Commission Member Introductions Helman  
*Commission Members, whether in person or virtually, will introduce themselves. Members of the public will have the opportunity to introduce themselves during Public Comment.*
- Mission: The Aging & Disability Commission gives voice to the diverse needs of Sonoma County's older adults, people with disabilities, and their caregivers.
- 2:35 2. Gold Resolution for Older Americans Month Helman  
*Presentation of the Gold Resolution declaring May as Older Americans Month.*
- 2:45 3. Legislative Representatives and Advocacy Efforts from Providers Helman  
*Report out from the Legislative Representatives and Service Providers.*
- 3:15 4. Public Comment and Commission Member Open Forum  
*The public may address the Commission on items not listed on the agenda. Public comment will be limited to three (3) minutes per speaker. Note: The Commission cannot take action on items not on the agenda.*
- 3:20 **\*\*BREAK\*\***
- 3:25 5. Approval of the 04.16.2025 Commission Meeting Minutes Helman  
*The Commission will review the meeting minutes and may approve them as presented or with modifications.*
- 3:30 6. Chair Updates Helman
- Commission Introductions  
*Standardize introductions of Commission Members.*

- Volunteer Log  
*Provide an update on the Volunteer Log.*
- Commissioner's Role  
*Clarification for Commissioners serving in dual capacities.*
- Commissioner's Visits with Supervisors  
*Commissioners will report out on their visits with Sonoma County Supervisors.*

3:45 7. Director/Staff updates:

- Director Update
  - Governor's Budget May Revision  
*The AAA Director will provide updates on relevant matters for the Commission, including recent developments or upcoming events.*
- Staff Updates:
  - Community Events for Potential Commission Participation
    - Sonoma County PRIDE Event & Parade, Santa Rosa, May 31, 2025, 11AM
    - Senior Expo, Santa Rosa, July 12, 2025, 9 AM – 12 PM
    - African Soul Festival, Rohnert Park, August 30, 2025, 11 AM – 5 PM*The AAA Section Manager will provide updates on relevant matters for the Commission, including recent developments or upcoming events.*
- MPA and LADAP Update  
*The MPA Program Manager will provide updates on relevant matters for the Commission, including recent developments or upcoming events.*

Dunaway,  
Milner,  
Huntsperger

3:50 8. TACC Report

*Commission staff will provide an update on the recent TACC meeting.*

Kelley

4:00 9. Transportation Staff Report

*AAA staff will provide an update on the recent transportation programs.*

Cortez

4:10 10. USAging Conference Policy Briefing

*AAA staff will provide an update from the recent USAging Policy Briefing Policy Conference.*

Milner

4:15 11. Standing & Ad Hoc Committee Report

- Standing Committee: No Wrong Door  
*The Committee will provide an update on the progress of the work.*
- Ad Hoc Committee: No Wrong Door Toolbox  
*The Committee will provide an update on the progress of the work.*

Helman,  
Cimino

- Ad Hoc Committee: FY 24/25 Area Plan Objectives Implementation  
*The Committee will provide an update on the progress of the work.*
- Ad Hoc Committee: Member Application and Interview Questions  
*The Committee will provide an update on the progress of the work.*
- Ad Hoc Committee: August 2025 Planning Day – **Action**  
*The Committee is seeking approval to create a new Ad Hoc Committee.*

*Standing and Ad Hoc Committee Members will provide updates on their activities, progress on assigned tasks, and recommendations or actions for the Commission.*

4:30 13. Adjourn

Helman

## Attachments

Minutes (04.16.2025), FTA 5310 HSD Grants 2025, USAging Presentation, A&D Commission Ad Hoc Committee Proposal – New, and Legislative Representative Questions

Supplemental materials related to an agenda item are available for public inspection during normal business hours at the Adult & Aging Office, 3725 Westwind Blvd., Suite 101, Santa Rosa. All listed times are approximate and subject to change. Agenda items are scheduled for consideration by the Commission, which may or may not choose to act. Breaks may be called at the discretion of the Chair. If you need any accommodation to effectively participate, please contact [aaa@schsd.org](mailto:aaa@schsd.org) or (707) 565-5238 at least 48 hours prior to the meeting. To receive the AAA Newsletter: [AAA@schsd.org](mailto:AAA@schsd.org).

Aging & Disability Commission Members:

**Chair:** Jenny Helman

**Vice Chair:** Robin Thompson

**Secretary:** Deanna Shaat

**Former Chair:** Diane Spain

**Parliamentarian:** Trayce Beards

**Commission Elected:** Rick Baum, Monte Cimino, Suzanne Edwards, Sandra Hoevertsz, Denise Johnson, Terry Kelley, Christian Nava, Jaime Peñaherrera, Alain Serkissian, Priyanka Varma

**AAA Director:** Paul Dunaway

**Community Services Program Manager:** Cody Milner

Upcoming Events:

- Executive Committee: Tuesday, June 10, 2025, 11:00 AM – 12:30 PM
- Commission Meeting: Wednesday, June 18, 2025, 1:00 PM – 3:00 PM
- Aging & Disability Resource Expo, May 23, 2025, 11:00 AM – 2:30 PM
- Sonoma County PRIDE Event & Parade, Santa Rosa, May 31, 2025, 11AM
- Senior Expo, Santa Rosa, July 12, 2025, 9:00 AM – 12:00 PM
- African Soul Festival, Rohnert Park, August 30, 2025, 11:00 AM – 5:00 PM

Under the new Administration in Washington, programs serving the senior, disability, and caregiving communities are seeing huge cuts in **staffing levels, direct expenditures, and existing grants and contracts.**

***Please speak to the following:***

- 1. What specific steps is your principal currently pursuing to protect seniors, the disabled, and caregivers in this environment?***
- 2. Are there legislative or administrative proposals currently in the pipeline to address mitigating the impact of these cuts?***
- 3. How could the Sonoma County Aging & Disability Commission most effectively advocate for preservation of key programs?***



# Sonoma County Aging & Disability Commission Meeting & Annual Public Hearing



## Minutes

Wednesday, April 16, 2025 | 1:00pm – 3:00pm

Carnelian Conference Room, 3725 Westwind Blvd. Santa Rosa 95403

**In-person Attendance:** Deanna Shaat, Monte Cimino, Robin Thompson, Trayce Beards, Suzanne Edwards, Terry Kelley, Alain Serkissian, Denise Johnson, Priyanka Varma, Jenny Helman, Jaime Penaherrera, Don Streeper (*Emeritus Member*)

**Virtual Attendance:** Diane Spain

**Absent:** Rick Baum, Christian Nava, Sandra Hoevertsz

**Staff Attendance:** Paul Dunaway, Sara Avery, Cassandra Denson, Joni Huntsperger

*The Commission switched to Teams due to Zoom server's going offline. An email notification was sent to all commissioners and public contacts with the updated meeting link.*

### 1. Welcome & Introductions (Helman) (1:16pm)

#### Added Agenda Topic: Approval of Minutes (3.18.2025)

- Correct Priyanka Spelling Error.
- Edits to Onboarding Committee notes.
- Approved as amended.

### 2. Chair Updates (Helman)

#### Agenda Overview/Parliamentary Procedure for Action Items

- Discussed Commission procedures for Action items.

#### Review Member Commitments Policy and Procedure – Action

- Reviewed the Member Commitments Policy and Procedure fact sheet.

**Motion:** Approve the amended policy and procedure for Member Commitment.

1<sup>st</sup> Motion: Trayce Beards    2<sup>nd</sup> Motion: Deanna Shaat    Vote Results: Approved

### 3. Director/Staff updates (Dunaway, Avery, Huntsperger)

#### Director Update

- Updates on Federal Administration Activities:
  - Announced the dismantling of Administration for Community Living (ALC)
  - Announced the reorganization of Health and Human Services (HHS)
- Paul Dunaway participated in a panel with aging services leaders to discuss changes coming from the federal level to Social Security payments. Invited by Huffman and Thompson's office.



## Sonoma County Aging & Disability Commission Meeting & Annual Public Hearing



### Staff Updates:

- 2024 – 2028 Area Plan Approved by CDA on 3/24/2025
  - Commission website has been updated to reflect the approved Area Plan.

### Public Hearing in March Update

- No significant changes were provided to the AAA. The Year 1 update will be presented to the Board of Supervisors in late May for approval.

### Community Events for Potential Commission Participation

- Sonoma County PRIDE Event & Parade, Santa Rosa, May 31, 2025, 11AM
- Senior Expo, Santa Rosa, July 12, 2025, 9 AM – 12 PM
- African Soul Festival, Rohnert Park, August 30, 2025, 11 AM – 5 PM
- Request for Commissioners to reach out to Cody and cc: Jenny to let him know if they are:
  - Available to participate
  - Their time commitment for the tabling at these events (*Depending on the number of Commissioners interested, they can do shifts.*)
  - Keep in mind outlier community events outside the main county corridor. Email event info to Cody Milner and CC Jenny Helman.

### May Commission Time Change

- The Commission meeting on May 21st has to be moved from 1:00–3:00 to 2:30–4:30 due to AAA staff conflicts.

### MPA and LADAP Update

- Tentative role out of Action Teams:
  - 1st: Caregiver & Health (May)
  - 2nd: Economic Security (June)
  - LADAP presentation (MIG)(June)
  - 3rd: Transportation & Wellness Equity/Inclusion (September)
  - 4th: Economic Security & Housing (Oct)
- Working to schedule D1 presentation for the community.
- Joni will send out action team scheduling emails. Action team presenters will be emailed with a reminder.
- Jaime Penaherrera gave personal feedback on his experience participating in LADAP and active concerns of the Latinx community.

### **4. Public Comment and Commission Member Open Forum**

- Elece Hemple, PPSC- provided flyers for 2 upcoming events. PPSC Rohnert Park branch is now open.



## Sonoma County Aging & Disability Commission Meeting & Annual Public Hearing



- Jamie Escoubas, COA- Hosting Generations in Motion event (May 17<sup>th</sup>).
- Denise Johnson, COA- Sonoma Clean Power Lunch and Learn next week.
- Jenny Helman, Commissioner- Paul Dunaway and Jenny Helman did an MPA presentation for the Windsor Rotary Club.
- Robin Thompson, Commissioner- A group of commissioners met with Rep. Corsey to discuss the 6-month updates of the Commission.
- Monte Cimino, Commissioner- Met with members of the public to connect them with AAA programs.
- Jaime Penaherrera, Commissioner- Attended a community event and shared AAA info.

### **BREAK**

#### **5. California Senate Bill 435 (Helman/Steffey)**

##### Presentation on SB 435

- Proposed changes to law require elderly care facilities with 16+ beds to have generators for power outages.
- Supported by CAR, Ombudsman, and ARP.
- Senate Human Services Committee to review the bill next Monday.

##### Letter of Support – Action

**Motion:** Commission approves to sign a letter of support for SB435.

1<sup>st</sup> Motion: Monte Cimino    2<sup>nd</sup> Motion: Alain Serkissian    Vote Results: Approved

#### **6. Discussion of FY 24/25 Contract Monitoring**

- Denise Johnson shared feedback on her experience as both a Commissioner and a Service Provider being monitored.

#### **7. Standing & Ad Hoc Committee Report (Helman)**

##### Standing Committee: No Wrong Door

- Next meeting June 24<sup>th</sup>, 2025.

##### Ad Hoc Committee: No Wrong Door Toolbox

- Scheduling the Zoom meeting to work on the toolbox.

##### Ad Hoc Committee: Objectives for FY 25/26 – Action

- Reviewed the 2025-2026 Objectives document.
- Actions/Activities will be planned during Commission Planning Day and through additional ad hoc committees.

**Motion:** Approve the Commission Objectives 6.10-6.19 for FY2025-2026.





## Sonoma County Aging & Disability Commission Meeting & Annual Public Hearing



1<sup>st</sup> Motion: Priyanka Varma 2<sup>nd</sup> Motion: Deanna Shaat Vote Results: Approved

### Ad Hoc Committee: FY 24/25 Area Plan Objectives Implementation

- Reviewed and confirmed presentation goals achieved.
- Focus Groups Updates:
  - Requests for focus groups sent to city staff leads with Senior Advisory Commissions.
  - Transportation Needs Focus Group: Sandra and Deanna leading efforts.
  - Spanish Community Focus Group: Exploring culturally appropriate, sensitive, and secure approaches to progress.

### Ad Hoc Committee: Member Application & Interview Process – Action

- Task Summary: Update the member application form and interview questions.

**Motion:** To establish the Member Application & Interview Process Ad Hoc Committee.

1<sup>st</sup> Motion: Monti Cimino 2<sup>nd</sup> Motion: Robin Thompson Vote Results: Approved

- Interested members: Trayce Beards, Terry Kelley, Monti Cimino, Diane Spain.
- Sandra Hoevertsz will coordinate the first meeting.

### **8. Adjourn (Helman)(2:55pm)**

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*To submit items for the AAA Newsletter, or to receive the AAA Newsletter: [AAA@schsd.org](mailto:AAA@schsd.org)*

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### **Upcoming Aging & Disability Commission meetings:**

- Aging & Disability Commission, Executive Committee Meeting: **May 13, 2025 (11:00am)**
  - Aging & Disability Commission Meeting/Public Hearing: **May 21, 2025 (2:30pm)**
-

# Federal Transit Administration

## Enhanced Mobility of Seniors and Individuals with Disabilities Program Section 5310

The program aims to improve mobility for older adults and people with disabilities by removing barriers to transportation service and expanding transportation mobility options.

**! Projects must be included in the region's Coordinated Plan to receive consideration for Section 5310 funding**



1

# Metropolitan Transportation Commission Coordinated Public Transit-Human Services Transportation Plan

The Coordinated Plan is the region's blueprint for planning, funding and coordinating transportation for older adults, people with disabilities and low-income populations. The Coordinated Plan identifies transportation gaps, identifies solutions to address those gaps, and provides recommendations to improve mobility and coordination.

[2024 Coordinated Plan Update](#)



2

Two year grants  
January 1, 2025 through December 31, 2026



3

Operating  
Assistance Grant

Alignment with

**MTC Coordinated Plan  
Recommendation:**

**Improve transportation  
access to healthcare**



Transportation vouchers

Mileage reimbursement

- Adult & Aging safety net programs (IHSS, APS, PA, VSO)
- Other community organizations

4

## Mobility Management Grant

Alignment with

**MTC Coordinated Plan Recommendation:**

### Mobility Management

Designate a Mobility Manager in every county



One stop resource for Transportation information

Transportation I&A through ADRH (707-565-INFO)

Referral to paratransit & other transportation services

Collect data on transportation gaps (accessibility, geographic, financial)

Inform transit operators and transportation planners about gaps

Enhance resources for ADRH guide, Sonoma Access website, 211, HSD portal

5

### MTC Mobility Management Flowchart



Mobility management is a strategic, cost-effective approach to encourage the development of services and best practices in the coordination of transportation services connecting people needing transportation to available transportation resources within a community. Its focus is the person — the individual with specific needs — rather than a particular transportation mode

6

Questions ?



Kathleen Cortez  
[kcortez@schsd.org](mailto:kcortez@schsd.org)

# USAgging Conference Aging Policy Briefing & Capitol Hill Day

SONOMA COUNTY HUMAN SERVICES DEPARTMENT  
ADULT & AGING DIVISION | MAY 21, 2025



Human Services  
Department

1

## Priorities

### 1. Supporting Aging Well at Home Through Older Americans Act Program and Services

- OAA Re-Authorization
- Advocacy of OAA Appropriations

### 2. Increase the Capacity of Family Caregivers and Professional Caregivers

- Expand access to home and community based (HCBS) options

2

# Priorities

## 3. Reduce Unnecessary Institutionalization By Protecting Medicaid Home and Community-Based Services

- Recognize that Medicaid is a lifeline for older adults who need long-term services and supports (LTSS)

## 4. Connect Health Care and Aging Sectors to Reduce Costs

- It's vital that any new integrated care models build on, and not supplant or exploit, the Aging Network's existing experts and systems

3



4





5



6





## Proposed ad hoc committee

### Agenda for Planning Day

5/21/25

Ad hoc committee procedures:

- The Commission may establish an ad hoc committee **to complete a specific task within a limited time frame.**
- The number of members must be less than a quorum of the Commission.
- Meetings are exempt from Brown Act requirements, so can be on Zoom or by email.
- Meetings do not require staff support, but staff may be asked for help if needed.

The Executive Committee has proposed establishment of a new ad hoc committee:

### Agenda for Planning Day

Specific Task: **Recommend agenda items for August 20<sup>th</sup> Planning Day**

May include:

- Drafting agenda topics and desired outcomes
- Planning social activities, opportunities to interact
- Considering whether any agenda items may require outside facilitation
- Consulting with staff about lunch plans
- Scheduling start and end times

Time Frame: **Submit recommendations to Jenny and Cody by August 5, 2025**

### Commission tasks for today:

1. Take a vote on establishing the committee.
2. Ask who is interested on serving on the committee. (Up to 7 members)
3. Designate a committee member to coordinate the first meeting.